LIFE MONZA
Methodologies for Noise Low Emission Zones introduction and management

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FONOMOC MEETING
FOcus group On NOise MOonitoring Cities
Paris, 24 MARCH 2017
The introduction of Low Emission Zones, urban areas subject to road traffic restrictions in order to ensure compliance with the air pollutants limit values, set by the European Directive on ambient air quality (2008/50/EC), is a common and well-established action in the administrative government of the cities and the impacts on air quality improvement are widely analyzed, whereas the effects and benefits concerning the noise have not been addressed in a comprehensive manner.

The definition, the criteria for analysis and the management methods of a Noise Low Emission Zone are not yet clearly expressed and shared.

LIFE MONZA project (Methodologies fOr Noise low emission Zones introduction And management - LIFE15 ENV/ IT/000586) addresses these issues.
The main objective of the project is to introduce an easy-replicable method, and related guidelines, for the identification and the management of the Noise Low Emission Zone, an urban area subject to traffic restrictions, whose impacts and benefits regarding noise issues will be analyzed and tested in the pilot area of the city of Monza, located in North Italy.
The project started on 1st September 2016 and the completion date is scheduled for 06.30.2020

PROJECT LOCATION: ITALY - MONZA, Lombardia

PROJECT Beneficiaries

Coordinating Beneficiary: ISPRA

Italian National Institute for Environmental Protection and Research

Associated Beneficiaries: MONZA Municipality

UNIVERSITY of FLORENCE

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The second objective regards specific top-down measures, adopted by the municipality and able to turn up the area in a permanent Noise LEZ, concerning infrastructural interventions.

The third objective is to reduce the average noise levels in the pilot area of Libertà district, with positive complementary effects also on the air quality and benefits on wellbeing conditions of inhabitants.

The fourth objective is to involve the population in an active management system (bottom-up measures) of lifestyle choices.
Dialogue between citizens and public bodies

**top-down measures** adopted by the municipality and able to turn up the area in a permanent Noise LEZ, concerning:
- **traffic management** (limitation of the vehicles speed and prohibition access to trucks);
- **road paving substitution**;
- **introduction of two pedestrian crossings**

**bottom-up measures:** people will be involved in an active management system of a more sustainable lifestyle choices, related to the reduction of noise and the improvement of air quality and wellbeing conditions, in their living and working environment. In order to encourage the local community involvement and to strengthen the dialogue between citizens and public bodies, many activities will be carried out, as:
- **meetings** in primary and high schools, in order to raise awareness about noise effects;
- **ideas contests** for Noise LEZ picture and logo;
- **questionnaires** on quality of life and noise and air quality perceptions;
- **use of the mobile App**, developed throughout the course of the project, devoted to manage voluntary and sustainable actions carried out by citizens.
Contribution of the project to policy implications at different levels

**European Level**

In order to contribute to the implementation of the European directives, avoiding duplications and overlaps, potential synergies existing between the issues related to noise pollution and air quality will be investigated during the project.

The methodology will contribute to the implementation of the EU Directive 2002/49/EC, related to the assessment and management of environmental noise (Environmental Noise Directive - END), which introduces noise action plans, designed to manage noise issues and effect, including noise reduction if necessary.
Contribution of the project to policy implications at different levels

**European Level**

LEZs have been implemented in more than 100 cities in Europe and they are the most common measures adopted in EU, considering traffic planning. EU Directive 2008/50/EC on ambient air quality and cleaner air for Europe considers the establishment of LEZ a measure to be adopted in air quality action plans.

The EU 2002/49/EC Environmental Noise Directive (END) does not provide a definition of LEZ in relation to noise and it is not considered as an action to take into account in noise action plan drafting.

There is the need of synergies and LIFE MONZA project, aiming at providing management criteria of LEZ, related to noise, will contribute to the implementation of noise action plans set out in Annex V of the END Directive.

Source: http://urbanaccessregulations.eu/
Contribution of the project to policy implications at different levels

National Level

Harmonization and simplification process among transposition decrees of EU Directives concerning noise and air pollution; definition of a proposal of a common method for NLEZ, as a proposal to be adopted by a national decree.

Local Level

Availability of a common procedure for Noise LEZ able to make the cities more sustainable; more knowledge about impacts and benefits due to NLEZ introduction; implementation of EU Directives at local level; enforcement of the dialogue between public institutions and citizens.

Source: http://urbanaccessregulations.eu/
Objective: reduction of **the average noise levels** in the pilot area of Libertà district, with positive complementary effects also on the **air quality** and benefits on **wellbeing conditions** of inhabitants.

Priority will be given to actions for noise reduction, but attention will be also focused on the improvement of the air quality and citizens’ quality of life.
Monza Municipality

Courtesy Monza Municipality [http://www.comune.monza.it/it/#0]
Significant average levels of noise pollution affect a large number of citizens so that Libertà district is identified as a hotspot in the Action Plan of the city of Monza.

Noise strategic map of the city of Monza, dated 2012, highlights that in a range of 30 m from the Viale Libertà almost the 100% of the receivers is exposed to levels higher than 65 dB(A) during the day and 55 dB(A) during the night.
Air Quality monitoring within the pilot area will be carried out, according to requirements provided by Directive 2008/50/EC on ambient air quality and cleaner air for Europe.

Also, the low cost and easy operation of the diffusive sampling technique will be used for a large scale air pollution surveys with a high spatial resolution.

In order to compare the spatial variability of air pollution before and after the noise LEZ implementation, NO2 and benzene land use regression models in a defined urban area of Monza, including the noise LEZ, will be developed.

The objectives of monitoring will be to assess whether the implementation of the noise low emission zone contributes, as an ancillary effect, to reduce air pollution levels in the pilot area.
Regarding the monitoring of the quality of life, a two-step survey will be performed: before and after the institution of the noise LEZ zone.

The use of the WHOQOL-Bref questionnaire, that is the only tool that has a specific environmental domain and it is already validated in Italian language, has been proposed and shared.
The challenge is to discover and build together the “genius loci” of the area, defining a territorial identity of the noise LEZ area, through initiatives able to design a part of the city and to share new lifestyle choices.

- **INAD** - during the Noise Awareness day of April 2017, meetings will be organized in the primary and high schools located in Libertà district to raise awareness in students about noise and a sustainable home – school mobility system.

- Ideas contest in the high schools, about a new logo for identifying noise LEZ and good practices to reduce noise in the area will be launched.

- Ideas contest in primary schools about a picture for identifying noise LEZ, possible good practices to reduce noise in the area will also be opened.

- Development of an application for mobile and pc, to manage voluntary actions and to “measure” benefits and concrete changes in people lifestyle, to be transposed in a bonus for citizens.
Regarding the noise monitoring phases planned in pilot area, the activities will be carried out referring to the standard methods, using sound level meters of class I precision, and also by developing and using a smart low-cost monitoring system.
Regarding the smart low-cost monitoring system a **prototype system for smart monitoring activity of noise** has been designed and implemented, in order to be used as a continuous monitoring unit in the ex ante and ex post scenarios. In particular, in the last months the **state of the art about smart noise monitoring systems** has been defined by ISPRA, while **smart monitoring system design and data analysis procedures** have been performed by UNIFI.

UNIFI is developing the procedures for **in situ calibration check and verification of the noise monitoring system performance**. The system check will be performed by UNIFI for a first time period (2 months) before the monitoring period start and by UNIFI/VIENROSE for a second time period (2 years: 1 year in the ante-operam scenario and 1 year in the post-operam scenario) during the monitoring period.

After the end of LIFE MONZA project, the prototype will be given for free to Municipality of Monza that will take care of using it for monitoring activities in the three years after the project end.
### Smart low-cost noise monitoring systems experiences and procedures

<table>
<thead>
<tr>
<th>Feature</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Main characteristics arising from analyzed projects</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Short /long term noise measurement</strong></td>
<td>long term noise measurement</td>
</tr>
<tr>
<td>Embedded pc monitoring system /Units with microcontroller and digital signal processor</td>
<td>Embedded pc monitoring system</td>
</tr>
<tr>
<td>Type of microphones</td>
<td>MEMS microphones ¼ - inch condenser low cost microphone</td>
</tr>
<tr>
<td>Time basis acquisition</td>
<td>Different values. In most frequent cases = 1 sec;</td>
</tr>
<tr>
<td>Acoustic dynamic range</td>
<td>70 dB</td>
</tr>
<tr>
<td>Acoustic Measure range</td>
<td>Different ranges, 30 (40)-100 (110) dB(A)</td>
</tr>
<tr>
<td>Acoustic frequency range</td>
<td>20 Hz-20 kHz</td>
</tr>
<tr>
<td>Floor noise value</td>
<td>30-35 dB(A)</td>
</tr>
<tr>
<td>Tolerance</td>
<td>L\text{Aeq} ± 2 dB(A)</td>
</tr>
<tr>
<td>Acoustic indicators</td>
<td>In all cases studies: L_{Aeq}, L_{A10}, L_{A50}, L_{A90}; In some cases studies: L_{A01}, L_{Ceq}, M_{60}, M_{70}, N_{cn}</td>
</tr>
<tr>
<td>Spectral data</td>
<td>1/3 octave</td>
</tr>
<tr>
<td>Calibration</td>
<td>Periodic calibration</td>
</tr>
<tr>
<td><strong>Additional characteristics</strong></td>
<td></td>
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<tr>
<td>weatherproof</td>
<td>Applied in all case studies</td>
</tr>
<tr>
<td>connectivity</td>
<td>Wifi/3G/4G</td>
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<tr>
<td>possibility of audio recording</td>
<td>Applied in some case studies</td>
</tr>
<tr>
<td>other properties</td>
<td>Extensible with temperature/humidity sensors, air pollution monitoring sensors, GPS logging etc; battery for energy storage.</td>
</tr>
<tr>
<td>Size of PCB assembly</td>
<td>10mm &lt; x &lt; 10 mm</td>
</tr>
<tr>
<td>Shape of PCB</td>
<td>Optimized to avoid diffraction effects</td>
</tr>
<tr>
<td><strong>Pilot area of implementation</strong></td>
<td></td>
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<tr>
<td>Urban/Suburban</td>
<td>Urban and sub-urban areas</td>
</tr>
<tr>
<td>Territorial scales</td>
<td>Different dimensions, from medium to large scale; (most frequent dimension in urban area: ≈1,000 km²)</td>
</tr>
<tr>
<td>Number of stations</td>
<td>Different situations. For areas of medium spatial dimensions, in most cases, from 5 to 20 units</td>
</tr>
</tbody>
</table>
Smart low-cost noise monitoring systems, allowing an extensive and long-term noise monitoring, in medium sized territorial scale as urban area, seem to be able to ensure an appreciated quality output measurement data. 10 monitoring stations are expected to be installed in the pilot area of Libertà district.
The main technical specifications requested to the low costs sensors are:

- acoustic parameters: overall A-weighted continuous equivalent sound pressure level, LAeq and continuous equivalent sound pressure level, Leq, as 1/3 octave band spectrum data;
- timing for data recording: data will be registered 1 second based to permit the recognition of unusual events will be advisable in the post analysis phase;
- timing for data transmission: data will be sent every hour;
- data transmission network: will be assessed according to parameters like distance among sensors;
- power supply: solar panel (max expected size 60cm x 60cm, effective expected size 20cm x 30cm) and battery for energy storage;
- sensors location: on streetlight or on façade, height 4 m;
- ¼ or ½ - inch low cost microphones;
- weather protection.

The main electroacoustic specification

- floor noise < 35 dB(A);
- ...

Starting from the previous specs, the monitoring system architecture has been mainly based on monitoring units designed in the DYNAMAP project tailoring the data transmission, storage and post-analysis on the needs of the Life MONZA project.
Preliminary check of the performance maintenance (during the first two months)

The challenge of the low cost sensors consists of maintaining of performance during long term periods.

Two time-stability checks, one week based, are proposed during the first two working months.

1 — a calibration check @ 1 kHz (by using a sound pressure class I calibrator). Requirement: the sound pressure level should stay within 0,5 dB from the calibration level;

2 — a comparison between LAeq,60s obtained from low cost sensor and class I microphone recording an environmental noise in the range 45/105 dBA. Requirements: the difference between “LAeq,60s” have to stay within 1,5 dB(A).

Under discussion: the procedure to perform the comparison, the best position and direction of class I microphone to perform a good comparison.
Long term check of the performance maintenance (during two years period)

The previous two time-stability checks are proposed, three months based, during the first two monitoring years.

**Under discussion**: the calibration check is really needed in this phase?

If a sensors does not comply to the requirements, the sensors will have to be repaired or replaced with a new one.
Conclusions and future works about the Smart Noise Monitoring System developed in the MONZA project

- Optimization of stability check procedures
- Long term test implementation
- Analysis of long term test results
Thank you for your kind attention

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